

PALIATIVOS SIN FRONTERAS

Reg. Asoc. G-75000521-/Registro Nacional de Asociaciones España 593403



PRESENTATION PALLIATIVE WITHOUT FRONTIERS

Dear friend:

We wish to inform you of the creation of Paliativos Sin Fronteras (Palliatives without Frontiers), as an ONGD (Non government organization for Development) towards the improvement of Palliative Care (CP), and the treatment of Pain (TP) in Latin America and Africa initially. Spain as other countries, via international cooperation, can be very useful in numerous developing countries. For this reason, we consider it necessary to extend our individual focuses to include others which are more global, and to act in a more coordinated way between diverse entities, both national and international, by cooperating in the realization of more complex programmes of CP and TP. In 2009 we published in Palliative Medicine and Revista of the Spanish Society for Pain, an article titled: "*Palliative Care and the treatment of Pain within international solidarity*". It contained elements which lead us to promote initially a united Spanish work plan in this field. As an ONGD we propose:

- To participate and support the summons for European, National, autonomic, municipal and private cooperation in the projects which we receive from these sources related with: the care given to patients in the final phase of life (physical structures, feeding, hygiene), teaching and investigation in CP and TP.
- To collaborate in the formation of health professionals, and investigation in Spanish Palliative Care and Pain Units.
- To promote agreements of institutional support to sit up palliative teaching courses either live or and distance
- To work with the institutions of these countries so that CP and TP are incorporated into the National Health Programmes.
- To support the creation of social-health structures which make possible improvements which will benefit both patients and their families.

For these motives, we wish to invite you to participate in this ONGD – whatever may be your speciality you will be most welcome; the following activities could be to your interest.

- As a member
- As an assessor
- As a collaborator in teaching programmes and web pages
- As a donor
- As a possible cooperator
- To work in the coordination and presentation of projects
- To study and follow up investigation programmes
- To create in your area a PSF section
- Others

What motivates us most is that up till now the European Declaration on Public Health of 1981 remains valid: "*One dies needlessly when death is not accepted; one dies needlessly when the professionals are not trained in handling the emotional reactions which emerge in the communication with patients; one dies needlessly when death is abandoned to the realm of the irrational, to fear and to loneliness in a society where the very few seem to know how to face death.*" Pain is, up to now, far from receiving and adequate treatment. We cannot let this situation to remain as it is. With your help we can make change possible. Your suggestions would be greatly appreciated in order to improve and develop our future work.

With cordial good wishes

Wilson Astudillo
President

Ignacio Vega de Seoane
Secretary

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